

## **MARCH NEWSLETTER**

## ADMINISTRATOR MESSAGE

Dear Parents/Guardians

Durng the month of March we will be in the liturgical season of Lent. We celebrated Shrove Tuesday with pancakes and we had an Ash Wednesday Liturgy where everyone received ashes as a mark of our sins and God's forgiveness. We were blessed to have Father Sathia join us for this expression of our faith. Lent is a time where we can reflect on how we can make our lives better by giving to others, praying and fasting. We talk to the students about fasting in two ways: things we can **stop** doing to make our relationship with God stronger and things we can **start** doing to make our relationship with God stronger. We look to the teachings of Jesus to help us decide what to stop doing and what to start doing. For Alms-giving, Father Sathia reminded all students that they can give their kindness to everyone around them. We will be asking all students to show kindness to one another and to the people in their lives. Prayer is also important during Lent and we will be having special prayer time throughout the day. We encourage all students to pray for the people, the work around them and especially for themselves, to follow the teachings of Jesus.



Spring Break begins at the end of this month. We would like to remind families that the Thursday and Friday schedule are flipped before the break. Thursday, March 23 will be a full day of classes and lunch will be served. Friday, March 24 will be early dismissal at 11:45 a.m. We hope that everyone has a wonderful Spring Break with their friends and family.

Mrs. Kristy Desmarais Principal

Mrs. Christine Sankey Assistant Principal

#### **IMPORTANT REMINDERS**

Pre-Enrollment for next school year is due by March 10, 2023, in your PowerSchool account. Learn how to complete this below.



#### **Spirit Day**

Wear Green-March 17

#### **NEWS**

#### SCHOOL COUNCIL NEWS

The next School Council Meeting will be in person at the school on:



Monday, March 20 at 6:30 p.m.

All parents are welcome to attend the meeting and work together to make St. Anne an even better school! Benefits of attending a meeting:

- ✓ Meet other parents in the school
- ✓ Meet with the school administration
  - ✓ Learn about how the school runs
- √ Have a voice in decision-making
- ✓ Help with ideas for fundraising/special events
  - ✓ And much more!

# DEMONSTRATION OF LEARNING AND SCHOLASTIC BOOK FAIR

These two spectacular events will be happening on THURSDAY, Mar. 16, 2023 1:00-4:00 and 5:00-7:00 PM

Please call the school office at 780-478-3288 between 9:00 a.m. - 2:30 p.m. or email <a href="mailto:Christine.lynch@ecsd.net">Christine.lynch@ecsd.net</a> to schedule the hour that you would like to attend the Demonstration of Learning and Book Fair.

Please arrive at the beginning of your scheduled hour. The student led demonstration of learning typically takes 20-30 min. and a book fair visit usually takes 15-20 min. Kindergarten parents can also visit the Extensions Studio. Parents can book the following

times with the school office on a first come, first serve basis:

1:00-2:00 2:00-3:00 3:00-4:00 5:00-6:00 6:00-7:00

You will be informed immediately if your requested time is fully booked, and another time must be chosen.

WE HOPE TO SEE EVERYONE THERE!

## **News**

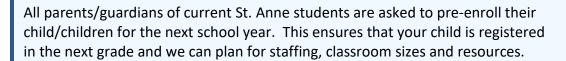
#### **LENT**

Ash Wednesday took place on February 22, 2023, and this is the beginning of the season of Lent. In the Catholic tradition, the next 40 days are a time for prayer, fasting and giving. The video below is a great one to watch with your child/children to help them understand the meaning of this season.



https://youtu.be/xKjEDrvkHUg

## Pre-Enrollment for 2023-2024





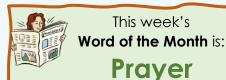
Once you have completed your pre-enrolment and indicated that you plan to continue at St. Anne School, your child/children will automatically be enrolled in the next school year. If you will be moving or requesting a new school, please indicate this in your pre-enrolment form. The school you have requested will let both the principal and you know if they have accepted your child/children for the next school year. We are asking that all parents do their pre-enrolment ASAP.

#### Pre-Enroll for the 2023-2024 School Year

Log into <u>PowerSchool</u> and select your preferred school for the 2023-2024 school year by clicking the "Pre-Enrolment for Next Year" icon. Contact the school if you need assistance completing the process, or <u>watch this video</u>.

## **NEWS**

#### "WE READ THE NEWSLETTER!" CONTEST



Feb. Winners: Eyoel-Gr. 1, Miel-Gr. 2, Roda-Gr. 3, Ngok-Gr. 4

Parents, record the Word of the Month in your child's agenda and the teacher will enter them into the draw for Lunch with the Principal at the end of the month! There will be 4 winning students that will eat their regular lunch and enjoy a special dessert with Mrs. Desmarais!

## **February Highlights**







#### **Parish News**

#### St. Matthew Parish Information

Please contact St. Matthew Parish if you would like more information about this faith opportunity.

780-475-2888

#### RELEASING THE PASCHAL POWER OF THE CROSS

A Lenten Mission/Retreat on

The Great Triduum and The Joy of the Cross

Conducted by: Archbishop Emeritus Sylvain Lavoie OMI

Mar 12, 13 & 14 (Sun-Tues), Each Night 7-8 pm St. Matthew Parish (13131 86 Street, Edmonton) Plan to attend 1 evening or all 3! Everyone Invited!



For many, the power of the Lenten season has faded. This three-evening mission will help us experience Lent as a spiritual journey to the new life of Easter by exploring the deeper meaning of this great Paschal Mystery or Triduum, with a focus on living the Eucharist through service, radical discipleship and redemptive suffering, and experiencing the resurrection through forgiveness, healing and reconciliation. With the help of keynote presentations, prayer, powerful biblical art, music, song, ritual, humor and fellowship, this retreat will help participants recover the vibrant dynamism of our faith in Jesus as Crucified Messiah and Risen Lord. Expect an informative, formative and transformative experience.

#### WEBSITE/INSTAGRAM

Our website is a valuable tool for information about your child's school and ECSD, as well as many educational links.

stanne.ecsd.net

St. Anne is on Instagram; you can find us



at st\_anne\_ecsd

# Grade 3 and Grade 4 Art Club

16 students in each grade who brought their forms in first were able to be a part of the Art Club. We can only accommodate 16 students. We will create art together until Spring Break.

> Grade 3 – Tuesday AM Recess Grade 4 – Friday AM Recess

## **NEWS**

#### **2022-2023 School Theme**

#### LET YOUR LIGHT SHINE FORTH THROUH ACTION

Continuing our discussion and practice with identifying feelings as well as the Zones of Regulation from February. Students will learn about COPING SKILLS. These are skills that help students when they encounter unexpected situations that might take their feelings outside of the green zone. Students will learn many ways to help themselves feel better and continue to be ready to learn. Try some of these strategies at home.





# Coping Strategies Every Colors Child & Teen Should Know Citipart by Sarah Pecerine & Kate Madries Practicing Mindfulness Exercising Checking in with Feelings Reading To Do LIST Coloring & Drawing Writing in a Journal Listening to Music Music Unplugging from Technology Self-Talk

# The **ZONES** of Regulation



## **Indigenous Learning**

#### **Truth and Reconciliation**

Why is this important in Edmonton Catholic Schools? View this video with your child/children.



https://youtu.be/WEj5vjc2EDk

#### **CALENDAR**

March 2023	
March 2-3	Teachers' Convention
March 8	Father Sathia Visit 10:30-11:30
March 16	Demonstration of Learning 1-4 and 5-7
March 17	St. Patrick's Day, Spirit Day – Wear Green
March 23	Early dismissal cancelled – full day of classes.
March 24	Last day of classes before Spring Break – early dismissal
March 27 – 31	Spring Break
April 2023	
April 2 – 8	Holy Week
April 6	Holy Thursday
April 7	Good Friday – No School
April 10	Easter Monday – No School
April 13	Father Sathia Visit 10:30-11:30
April 14	Easter Mass at St. Matthew with St. Philip 1:00, Spirit Day-Easter Fun
April 26	Chaplain Meeting